

Training camp organisation and rowing on unfamiliar waters

Dapdune Safety plan and RA 4/12/19

The following is based on the guidance from BR regarding rowing at rowing camps and unfamiliar waters and are based on Rowsafe guidance.

Safety Information

Note we have requested the safety plan/RA from Guildford kayak club, Sea Cadets and NT Dapdune as they use the same stretch of water. We will use these once received to prepare/update this Safety Plan

Safety Plan 4/12/19

Review the Risk Assessment/safety plan on arrival, paying particular attention to sources of local information and amend the RA/Safety Plan as necessary especially in the early days of using Dapdune.

The safety plan will be reviewed on a regular basis initially as we gain wider experience on this stretch of water. Extreme care to be taken at all times. Record any incidents and near misses, see below.

All coaches and participants fully understand the Safety Plan before rowing at the site.

All water users to be briefed on the first use of the river at this point.

Emergencies

In case of an emergency capsize etc on the water, contact the emergency services if required if the situation cannot be managed locally. BR now suggest using the 3-word app to define the location of the incident. See recent BR alert notice.

In case of emergency phone 999 or visit Local emergency dept is at Royal Surrey County Hospital, Egerton Rd, Guildford GU2 7XX. Emergency department: Open 24 hours

Contact details and any relevant medical or other information for each participant in case of emergency. Captains and coaches can obtain contact details and medical alerts via BR ClubHub in case of an emergency

First Aid provision

First aid kits will be located at Dapdune in the Sea Cadet shed used as equipment storage. This should be open at all times when the water is in use.

Safety Equipment

Safety equipment is available as required. This includes life jackets, throw lines and bikes which will be stored in the Sae Cadets shed, which will be open at all times GRC are on site.

Weather and Red board

Check local weather forecasts and other up-to- date safety information such as red board procedures before boating.

If the river is red boarded between Millmead and Bowers locks no rowing to take place.

Incidents and reporting

Any incidents to follow the existing GRC/BR process. A new damage book will be located in the se Cadet shed.

Conduct a post visit review; communicate any significant lessons learned through the British Rowing Incident Reporting System and general feedback.

All comments to be passed to the club captain by phone if urgent or e mail to update the safety plan and RA.

4-point rule

At Dapdune we will apply a 4-point rule. This means there should be at least four points of contact with water. This effectively excludes any 1x or 2- from using the water. This is to reduce the likelihood of capsize. As the distances covered are greater than GRC and the banks of the river are high near Millbrook and Debenhams, which means exiting the water would be difficult. The risk of hypothermia is therefore heightened.

Circulation pattern, turning points and use of the water.

Wear bright or Hi-Viz kit at all times, as this is a new stretch of water for GRC. Be visible to other GRC members and other river users.

As we are new to the water and other users may not be expecting us, extra care to be taken on bends or other areas where visibility may be restricted. Slow down if other river users such as kayak club are paddling in the opposite direction. Note the Kayak Club are aware of our relocation, but some individual members of the Kayak Club may be unaware. So care at all times.

If multiple boats are on the water it is best to follow a convoy system.

Boat from the pontoon going up stream as usual.

If going downstream turn at the wide point at Dapdune. There are turning points at Bowers lock and at Stoke Mill just past the Kayak club/Rowe Barge pub.

If going upstream turn at Debenhams/Yvonne Arnaud Theatre near Millmead lock (furthest point up river). There is an additional turning point under one of the bridges which widens and has a sandy bank next to the Electric theatre.

Normal GRC bylaws to apply where applicable/required.

Overtake with extra care and only on longer stretches of water where visibility is good.

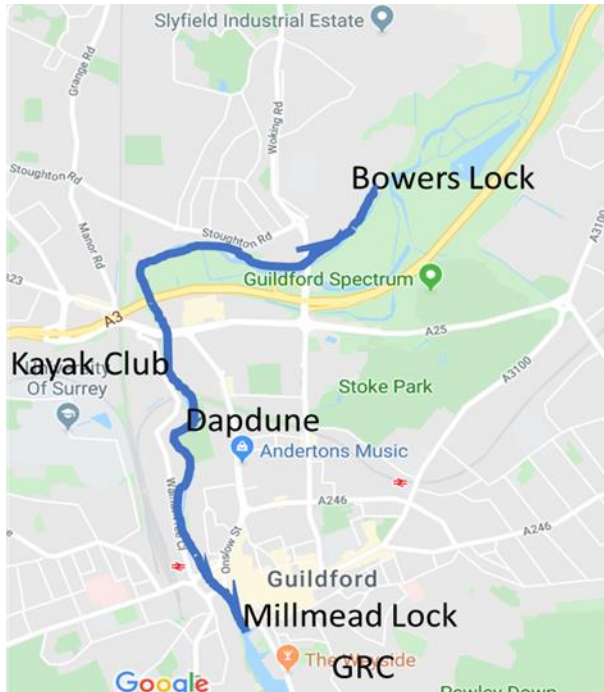
Up river bends close to Dapdune, are severe, only light paddling in the area. Care if the stream is fast as boats can be unexpectedly forced into the bank in this area.

At the bridge close to PC world/Porche garage there are large upright pilons to protect the supports for the bridge. Keep mid-stream when approaching in either direction.

The bridge at the canoe club towards Bowers lock is narrow. Sculling boats can proceed past this point, sweep boats cannot. No boats to go through this bridge if there are fast water conditions.

There is a tree with low branches across the river about 50m from the bridge at the canoe club downstream. Take care passing this point. Paddle light only.

Extent of rowing from Dapdune.



Launching and Landing boats

On return all boats to muster past the footbridge up-stream from Dapdune. Turn at this point as required coming upstream. Progress to the pontoon.

There is a one boat landing/launching policy.

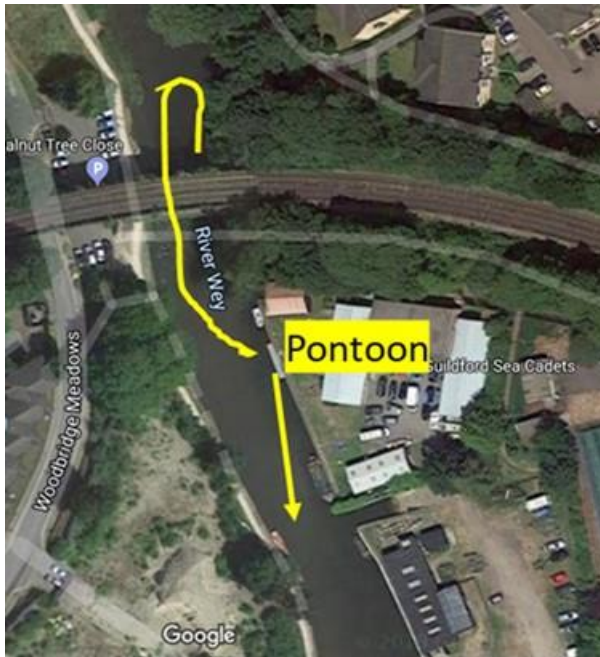
Boats landing have priority.

Boats launching should wait at the muster point on the grass adjacent to the pontoon. Trestles should be available from the Sea Cadet shed which will be open when GRC are at the site.

Communicate, communicate, communicate.

If a number of boats aim at boat at once there will be a wait.

We will see how we manage this over time.



Pontoon

Boating is from the pontoon at the sea Cadets site. Before use ensure all tie-lines are tight and the pontoon is stable to step on. If they are not tight there is a chance of movement and slippage. The pontoon is stable, but care has to be taken when transitioning from pontoon to land and vice versa. This applies to each member of a crew as the crew work together. Keep communication flowing at all times in case there are difficulties. Where possible ask for additional help when boating until you are fully competent at the site.

There is a low-level wall, and bankside wooden beams and a foot ladder at the boating point with a narrow gap to access the pontoon. It is possible to access the pontoon 'above heads', if using 'waist' height or 'half turn' etc please constantly monitor these hazards.

Boat storage

Boats will be stored in the field outside the Sea Cadet Enclosure. Turn all boats upside down on any suitable support. Wooden logs are on site to ensure riggers are off the ground. Use available straps or bungees to secure boats. Straps/bungees can be attached to the ground using ground hooks. These will have a ribbon strip to easily identify them when they are in the ground and not used.

Trailers will be on site for storage as well. Be aware that trailers may be used for events so cannot be a permanent storage site.

British Rowing Safeguarding and Protecting Children Policy to be implemented

Where juniors (under 18 years old) are involved. Ensure that an appropriate provision is made for safeguarding. Local implementation to be considered.

Ensure that there is an appropriate coach/helper/participant ratio.

