

# Guildford Rowing Club



## COVID -19 Update 8<sup>th</sup> March 2021

**There is a light at the end of the Covid tunnel 😊😊😊**

Following the UK Gov't announcement of the roadmap out of the current Covid restrictions we wanted to provide an overview of how we anticipate the relaxing of the controls will enable of us all to get back on the water at GRC.

The following advice supports the current information provided by British Rowing (BR), but please note that their advice, and ours, is provisional and subject to any changes in the Covid situation and/or Gov't/BR advice.

The following advice is based on the current BR 5 Level Framework as previously shared.

### **BR Step 1a on the 8<sup>th</sup> March**

**Re-start of extra-curricular rowing at schools only.** Step 1a will not change much for club rowing. Schools will be allowed to restart rowing from school facilities only. All existing exemptions allowing for adaptive rowing at clubs will continue to apply. Personal exercise will still only be permitted under the current restrictions i.e. no use of club facilities, including for launching, and single or single household exercise.

### **BR Step1b on the 29<sup>th</sup> March**

<b>Club Facilities</b>	<b>Hospitality Facilities</b>	<b>On-Water Activity</b>	<b>Indoor Training</b>	<b>Competition</b>
Rowing Level 4 Minimum facilities to allow COVID-Secure boating	Rowing Level 4 COVID-Secure takeaway only	Rowing Level 2 All crew boats allowed subject to COVID-Secure protocols	Rowing Level 5 No indoor club activity	Rowing Level 4 COVID-Secure intraclub competition (TBC)

Outdoor organised sport will be allowed to return and will no longer be subject to limits on gathering sizes. This means that crew boat rowing of all sizes will be possible in all rowing clubs, including with mixed households. **Covid secure protocols i.e. Controls of numbers in the Club, including distancing and hygiene arrangements will still be required, so the green light for rowing at GRC will be subject to the GRC Covid-19 Safety Plan that was in place prior to the third and current lockdown.** Indoor training will not be possible.

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**Mixing of different households indoors is not permitted** and as such opening of club facilities will be limited to the minimum to enable crews to get on the water and to manage safety.

BR are still clarifying rules relating to competition, but they anticipate that only intra-club competition will be allowed at this stage.

### Step2 – no earlier than the 12<sup>th</sup> April

Club Facilities	Hospitality Facilities	On-Water Activity	Indoor Training	Competition
Rowing Level 3 All COVID-Secure facilities open with specific limitations	Rowing Level 4 COVID-Secure catering & bar facilities open with specific limitations	Rowing Level 2 All crew boats allowed subject to COVID-Secure protocols	Rowing Level 4 Personal or household exercise only	TBC

Households will still be prevented from mixing indoors and so indoor training facilities may only be used for individual (or single household) exercise (once more information is available, we will clarify how this will work). Our hospitality facilities can reopen but only for outdoor hospitality (subject to the rules on group sizes). Competition may be possible at this stage. However, we await clarification regarding any restrictions on travel.

As we're sure you're aware there are later dates published for further lifting of restrictions, however, given the on-going uncertainty and whilst we await further guidance from BR, we will wait to publish further information for the return to rowing.

To help us achieve this return to rowing we want to re-emphasise that access to club facilities must be kept to rowers and coaches only, and all parents are reminded to not come down to the landing stage area. Let's all keep our fingers and our blades crossed that this will be the start of the end of Covid-19 restrictions and the last of the false starts to getting back on the water!

Yours in rowing,

GRC Committee